

Healthy Texas Women Program

The Healthy Texas Women (HTW) program expands access to women's health and family planning services for eligible, low-income women. The program goals are to:

- Reduce unintended pregnancies.
- Positively affect the outcome of future pregnancies.
- Positively impact the health and well-being of women and their families.

Prior authorization is not required for HTW services. Refer to the [Healthy Texas Women Program Handbook](#) in the *Texas Medicaid Provider Procedures Manual* for all the details of the program.

HTW Eligibility Requirements for Women

HTW-enrolled providers may offer HTW services to women who:

- Are 15 through 44 years of age.
- Are a U.S. citizen or qualified immigrant.
- Are a resident of Texas.
- Have a household income at or below 204.2% of the federal poverty level.
- Do not currently receive benefits through another Medicaid program, the Children's Health Insurance Program (CHIP), or Medicare Part A or B.
- Are not currently pregnant.
- Do not have other insurance that covers the services that HTW provides.

HTW Benefits

Benefits of the HTW program include:

- Contraceptive services.
- Pregnancy testing and counseling.
- Preconception health screenings, such as screenings for obesity, hypertension, diabetes, cholesterol, smoking, and mental health issues.
- Sexually transmitted infection (STI) services.
- Treatment for the following chronic conditions:
 - Hypertension
 - Diabetes
 - High cholesterol

- Breast and cervical cancer screenings and diagnostic services:
 - Radiological procedures, including mammograms
 - Screening and diagnosis of breast cancer
 - Diagnosis and treatment of cervical dysplasia
- Immunizations.
- Treatment of postpartum depression.

HTW Plus

The HTW program includes a postpartum care services package called HTW Plus. To qualify for HTW Plus benefits, women must be enrolled in HTW and have been pregnant within the last 12 months. The benefits begin after the first 60 days of the postpartum period and are available for up to 12 months.

HTW Plus Benefits

HTW Plus benefits address major health conditions that contribute to maternal morbidity and mortality in Texas, including:

- Behavioral health conditions—Benefits include individual, family, and group psychotherapy services, and peer specialist services.
- Cardiovascular and coronary conditions—Benefits include cardiovascular evaluation imaging and laboratory studies; blood pressure–monitoring equipment; and anticoagulant, antiplatelet, and antihypertensive medications.
- Substance use disorders, including drug, alcohol, and tobacco use—Benefits include screening, brief intervention, and referral for treatment (SBIRT); outpatient substance use counseling; smoking cessation services; medication-assisted treatment (MAT); and peer specialist services.
- Diabetes—Benefits include laboratory studies, additional injectable insulin options, blood glucose testing supplies, voice-integrated glucometers for women with diabetes who are visually impaired, and glucose-monitoring supplies.
- Asthma—Benefits include medications and supplies.

HTW Eligibility Requirements for Providers

To enroll in HTW and become eligible to receive reimbursement for HTW and HTW Plus services, providers must complete and submit the HTW certification through the Provider Enrollment and Management System (PEMS). Refer to the [PEMS Instructions for HTW Certification and Attestation](#).

Additional Resources for HTW and HTW Plus

- [Healthy Texas Women website](#)
- [Healthy Texas Women \(HTW\) web page](#) at tmhp.com
- [Healthy Texas Women Program Handbook](#) in the *Texas Medicaid Provider Procedures Manual*
- [PEMS Instructions for HTW Certification and Attestation](#)